

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Kurzdistanz 1000 m - 36 km - 10 km

| SNR  |     | Hausname, Vorname    | AK     | Verein                    | Zeit    | Schwim | Rad     | Lauf  |
|------|-----|----------------------|--------|---------------------------|---------|--------|---------|-------|
| 1021 | 1.  | Kramp, Uwe           | 1. M40 | Team Erdinger Alkoholfrei | 1:49:43 |        | 1:13:27 | 36:16 |
| 1006 | 2.  | Radevic, Mario       | 1. M35 | TSVE 1890 Bielefeld       | 1:51:08 | 16:28  | 55:17   | 39:24 |
| 1010 | 3.  | Kempe, Michael       | 1. M30 | Aquarius Löhne            | 1:53:55 | 16:03  | 57:47   | 40:06 |
| 1016 | 4.  | Schuster, Andreas    | 1. M55 | 1. Tri Club Paderborn     | 1:55:33 | 16:37  | 58:35   | 40:21 |
| 1009 | 5.  | Dunkel, Thomas       | 2. M35 | TSVE 1890 Bielefeld       | 1:56:42 | 21:20  | 57:19   | 38:04 |
| 1007 | 6.  | Mohrmann, Niko       | 2. M30 | SC Aquarius Löhne         | 1:56:47 | 17:20  | 59:34   | 39:54 |
| 1004 | 7.  | Bossow, Franzi       | 1. W20 | active sportshop          | 2:00:09 | 18:11  | 1:03:42 | 38:17 |
| 1026 | 8.  | Gerth, Volker        | 1. M45 | TSVE 1890 Bielefeld       | 2:00:50 | 20:40  | 59:32   | 40:39 |
| 1022 | 9.  | Scharfenstein, Sven  | 2. M40 | SV Tri City Darmstadt     | 2:03:34 | 21:33  | 58:21   | 43:41 |
| 1020 | 10. | Kempf, Achim         | 3. M40 | ASV Triathlon Köln        | 2:03:57 | 15:17  | 1:03:09 | 45:33 |
| 1008 | 11. | Spieker, Stephan     | 3. M30 | SC Aquarius-Löhne         | 2:05:50 | 17:41  | 1:03:01 | 45:09 |
| 1025 | 12. | Ahldag, Peter        | 2. M45 | TG Werste                 | 2:09:48 | 19:10  | 1:04:01 | 46:37 |
| 1024 | 13. | Weichelt, Roberto    | 4. M30 | Team Coach                | 2:12:11 | 21:04  | 1:06:14 | 44:54 |
| 1023 | 14. | Wehking, Marc-Andree | 4. M40 | Freiwillige Feuerwehr Ami | 2:15:41 | 21:57  | 1:08:32 | 45:13 |
| 1011 | 15. | Lechthoff, Jörg      | 1. M50 | TSVE 1890 Bielefeld       | 2:17:07 | 18:01  | 1:06:54 | 52:13 |
| 1002 | 16. | Brauns, Jasmin       | 2. W20 | SC Aquarius Löhne         | 2:17:55 | 19:54  | 1:07:12 | 50:50 |
| 1018 | 17. | Viebahn, Jan         | 5. M30 | Herford                   | 2:18:18 | 23:28  | 1:13:04 | 41:47 |
| 1013 | 18. | Friesen, Peter       | 5. M40 | Tri-4-Fun SVKT            | 2:23:20 | 22:42  | 1:06:37 | 54:02 |
| 1012 | 19. | Schulz, Christian R. | 2. M55 | TSVE 1890 Bielefeld       | 2:24:03 | 21:53  | 1:13:07 | 49:03 |
| 1001 | 20. | Bonus, Kathrin       | 1. W30 | TSVE 1890 Bielefeld       | 2:26:12 | 19:17  | 1:13:09 | 53:47 |
| 1017 | 21. | Viebahn, Sven        | 6. M30 | Gummersbach               | 2:27:44 | 30:38  | 1:09:56 | 47:11 |
| 1014 | 22. | Hänsel, Torsten      | 3. M35 | Lübbecke                  | 2:28:52 | 26:29  | 1:14:02 | 48:21 |
| 1003 | 23. | Hoffinger, Barbara   | 1. W35 | SV Feldrom-Veldrom-Kempen | 2:40:52 | 27:09  | 1:21:37 | 52:07 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | Hausname, Vorname           | AK     | Verein                 | Zeit    | Schwim | Rad   | Lauf  |
|-----|-----------------------------|--------|------------------------|---------|--------|-------|-------|
| 315 | 1. Weier, Ralf              | 1. M50 | Marathon-Club Menden   | 59:15   | 7:10   | 33:17 | 18:49 |
| 321 | 2. Wegener, Olaf            | 1. M45 | SC Aquarius Löhne      | 59:23   | 7:41   | 33:34 | 18:09 |
| 274 | 3. Petri, Gerald            | 1. M40 | TB Cannstatt           | 1:00:56 | 6:19   | 35:40 | 18:58 |
| 330 | 4. Janta, Sebastian         | 2. M40 | Tristar-Oelde          | 1:01:14 | 7:32   | 34:45 | 18:58 |
| 311 | 5. Wille, Markus            | 2. M50 | 1. Tri-Club Paderborn  | 1:01:47 | 6:48   | 34:53 | 20:06 |
| 327 | 6. Robin, Marcel            | 1. M35 | Tri-4-Fun SVKT         | 1:01:57 | 7:13   | 35:59 | 18:46 |
| 329 | 7. Selker, Torsten          | 2. M35 | Tri-Sport-Team Ver1    | 1:02:02 | 7:44   | 34:47 | 19:32 |
| 335 | 8. Kersten, Tobias          | 2. M45 | TSVE 1890 Bielefeld    | 1:02:04 | 8:20   | 33:07 | 20:38 |
| 336 | 9. Poetting, Timm           | 1. M30 | TSVE 1890 Bielefeld    | 1:03:05 | 6:15   | 36:14 | 20:37 |
| 309 | 10. Meiertoberens, Ralf     | 3. M35 | Tri Sport Team TV Ver1 | 1:03:12 | 6:54   | 36:17 | 20:02 |
| 334 | 11. Mukielka, Boris         | 3. M40 | TSVE 1890 Bielefeld    | 1:04:03 | 6:43   | 36:14 | 21:07 |
| 328 | 12. Wachs, Oliver           | 2. M30 | Tri-4-Fun SVKT         | 1:04:09 | 8:25   | 36:26 | 19:19 |
| 317 | 13. Nöthling, Thorsten      | 4. M35 | Tri Sport Team TV Ver1 | 1:04:17 | 7:10   | 35:41 | 21:27 |
| 314 | 14. Böger, Frank            | 3. M45 | Luhdener SV            | 1:04:19 | 8:30   | 36:15 | 19:35 |
| 207 | 15. Schöning, Thomas        | 3. M50 | DJK Gütersloh          | 1:04:31 | 8:04   | 37:02 | 19:26 |
| 265 | 16. Tiekemeier, Thomas      | 4. M40 | TSVE 1890 Bielefeld    | 1:05:10 | 8:31   | 36:12 | 20:28 |
| 319 | 17. Schönbohm, Jens         | 4. M50 | RC Endspurt Herford    | 1:05:25 | 7:43   | 36:27 | 21:16 |
| 318 | 18. Müller, Dietmar         | 4. M45 | RC Endspurt Herford    | 1:05:53 | 9:01   | 35:42 | 21:12 |
| 333 | 19. Schröder, Stephan       | 5. M40 | TSVE 1890 Bielefeld    | 1:06:01 | 8:23   | 38:39 | 18:59 |
| 313 | 20. Hanau, Maik             | 5. M35 | LSV Vlotho             | 1:06:20 | 8:43   | 36:58 | 20:39 |
| 316 | 21. Babenhauserheide, Nils  | 1. M20 | RC Endspurt Herford    | 1:07:06 | 9:08   | 36:48 | 21:11 |
| 312 | 22. Vollmer, Heinz          | 1. M55 | 1.Tri-Club Paderborn   | 1:07:33 | 8:59   | 37:25 | 21:09 |
| 308 | 23. Lücker, Max             | 2. M20 | OTSV Pr. Oldendorf     | 1:07:38 | 9:22   | 40:03 | 18:14 |
| 273 | 24. Reimann, Björn          | 6. M40 | Tri Team TG Lage       | 1:07:49 | 8:34   | 37:04 | 22:13 |
| 252 | 25. Berg, Martin            | 5. M45 | Laufschule Porta       | 1:08:27 | 9:53   | 38:55 | 19:39 |
| 191 | 26. Farwer, Jens            | 6. M45 | Odysseus Erben         | 1:08:31 | 8:23   | 37:53 | 22:16 |
| 250 | 27. Hopmann, Dirk           | 7. M45 | Lahdener SV            | 1:08:36 | 8:06   | 37:49 | 22:42 |
| 281 | 28. Böker, Marcus           | 6. M35 | SV 06 Oetinghausen     | 1:09:14 | 8:33   | 38:45 | 21:57 |
| 337 | 29. Cokkorkmaz, Berk        | 7. M40 | TSVE 1890 Bielefeld    | 1:09:31 | 7:53   |       |       |
| 280 | 30. Tsang, Wei Hung         | 3. M20 |                        | 1:09:41 | 8:26   | 39:57 | 21:19 |
| 326 | 31. Stölting, Thomas        | 8. M40 | Tri Team TG Lage       | 1:09:50 | 7:57   | 38:33 | 23:20 |
| 305 | 32. Kerkhoff, Justin        | 1. MJA | TV Ver1                | 1:09:53 | 8:40   | 39:31 | 21:43 |
| 176 | 33. Könemann, Karsten       | 2. M55 | TVDÄ                   | 1:10:04 | 9:37   | 38:53 | 21:34 |
| 332 | 34. Brinkmann, Michael      | 3. M55 | TSVE 1890 Bielefeld    | 1:10:06 | 9:45   | 39:26 | 20:56 |
| 254 | 35. Dethloff, Steven        | 4. M20 | BSG JVA Herford        | 1:10:10 | 8:16   | 38:51 | 23:03 |
| 231 | 36. Schomburg, Klaus-Dieter | 8. M45 | keiner                 | 1:10:16 | 9:44   | 37:55 | 22:37 |
| 192 | 37. Junggebauer, Tobias     | 9. M40 | Odysseus Erben         | 1:10:17 | 8:49   | 40:36 | 20:53 |
| 307 | 38. Kalkreuther, Mathias    | 5. M20 | Tri Team TG Lage       | 1:10:36 | 7:01   | 40:22 | 23:13 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | Hausname, Vorname          | AK      | Verein                    | Zeit    | Schwim | Rad   | Lauf  |
|-----|----------------------------|---------|---------------------------|---------|--------|-------|-------|
| 161 | 39. Freyburg Senses, Henry | 9. M45  | Sunder                    | 1:10:46 | 8:08   | 41:32 | 21:07 |
| 185 | 40. Federhofer, Bastian    | 3. M30  | Team Bayern Fedi          | 1:11:03 | 9:10   | 41:03 | 20:51 |
| 197 | 41. Greiner, Frank         | 5. M50  | SC Aquarius Löhne         | 1:11:53 | 8:47   | 39:30 | 23:37 |
| 208 | 42. Heger, Stefan          | 6. M50  | TUS Talle                 | 1:12:05 | 9:46   | 38:17 | 24:03 |
| 268 | 43. Wehrhahn, Thomas       | 10. M40 | TUS Bonneberg             | 1:12:09 |        | 49:16 | 22:53 |
| 214 | 44. Döll, Roland           | 10. M45 | BC Vlotho                 | 1:12:09 | 10:06  | 38:19 | 23:44 |
| 238 | 45. Brandt, Peter          | 11. M45 | SV Brackwede              | 1:12:21 | 9:56   | 43:05 | 19:21 |
| 287 | 46. Tasche, Frank          | 4. M30  | Bad Salzuflen             | 1:12:27 | 13:05  | 38:00 | 21:23 |
| 269 | 47. Dreiling, Nick         | 11. M40 | OloF-Palme-Gesamtschule H | 1:12:36 | 9:30   | 40:31 | 22:35 |
| 259 | 48. Kästner, Stephan       | 12. M45 | TG Lage                   | 1:12:42 | 8:02   | 39:27 | 25:14 |
| 181 | 49. Kalisch, Stephan       | 4. M55  | Team Magic                | 1:12:45 |        | 49:49 | 22:57 |
| 172 | 50. Block, Theodor         | 1. M65  | Laufschule Porta          | 1:12:52 | 11:55  | 39:07 | 21:51 |
| 203 | 51. Altmann, Thomas        | 7. M50  | RC Endspurt Herford       | 1:12:53 | 10:04  | 40:47 | 22:04 |
| 256 | 52. Lusga, Günter          | 13. M45 | SC Aquarius Löhne         | 1:13:08 | 8:59   | 40:49 | 23:21 |
| 306 | 53. Wehrhahn, Justus       | 2. MJA  | SCH Herford               | 1:13:19 | 7:40   | 44:14 | 21:26 |
| 162 | 54. Pescher, Georg         | 14. M45 | Team Alpla                | 1:13:35 | 9:19   | 39:46 | 24:30 |
| 331 | 55. Runte, Karsten         | 15. M45 | Tri Team TG Lage          | 1:13:59 | 10:05  | 41:19 | 22:36 |
| 264 | 56. Saalfrank, Jörg        | 12. M40 | BIKE-TEAM BLÖTE           | 1:14:02 | 10:36  | 39:32 | 23:54 |
| 245 | 57. Reckfuß, Wolfgang      | 16. M45 | FC.Latscho                | 1:14:07 | 9:05   | 40:03 | 25:00 |
| 233 | 58. Ortmeyer, Jörg         | 17. M45 | Kein Verein               | 1:14:22 | 10:40  | 40:24 | 23:19 |
| 205 | 59. Leising, Willi         | 8. M50  | TSVE 1890 Bielefeld       | 1:14:25 | 10:04  | 41:17 | 23:05 |
| 228 | 60. Biermann, Thomas       | 9. M50  | SGE Exter                 | 1:14:38 | 9:32   | 40:17 | 24:50 |
| 277 | 61. Meinert, Sascha        | 7. M35  | union minden              | 1:14:46 | 12:13  | 42:02 | 20:31 |
| 263 | 62. Stiller, Thorsten      | 13. M40 | Tri Team TG Lage          | 1:15:17 | 8:53   | 43:13 | 23:12 |
| 190 | 63. Korzonnek, Jörg        | 18. M45 | RC Endspurt Herford       | 1:15:43 | 10:22  | 41:58 | 23:24 |
| 163 | 64. Wilms, Jan Uwe         | 10. M50 | Lemgo                     | 1:15:51 | 9:01   | 41:05 | 25:45 |
| 178 | 65. Fügenschuh, Marco      | 14. M40 | ohne                      | 1:15:54 | 9:58   | 41:40 | 24:17 |
| 189 | 66. Posnanski, Peter       | 11. M50 | Hornschuch Stozenau       | 1:15:55 | 9:56   | 42:36 | 23:24 |
| 211 | 67. Eikmeier, Daniel       | 6. M20  | Kenianische Lauffreunde V | 1:15:57 | 11:29  | 40:27 | 24:02 |
| 184 | 68. Federhofer, Walter     | 12. M50 | Team Bayern Fedi          | 1:16:09 | 11:00  | 39:54 | 25:17 |
| 292 | 69. Kawiecki, Christoph    | 7. M20  | Team Kawiecki             | 1:16:15 | 10:21  | 44:28 | 21:26 |
| 177 | 70. Kleinschmidt, Stefan   | 5. M55  | SGE Exter                 | 1:16:30 | 9:46   | 41:04 | 25:42 |
| 339 | 71. Grohmann, Alexander    | 8. M35  | WESTFALEN-BLATT           | 1:16:47 | 13:14  | 40:41 | 22:53 |
| 237 | 72. Simon, Frank           | 19. M45 | Göttingen                 | 1:16:55 | 13:12  | 41:41 | 22:03 |
| 325 | 73. Woiwode, Robin         | 9. M35  | Team Erdinger Alkoholfrei | 1:17:01 | 11:43  | 46:20 | 18:59 |
| 215 | 74. Bartling, Jörg         | 13. M50 | SVO-TRI Bad Oeynhausen    | 1:17:05 | 11:07  | 40:40 | 25:19 |
| 298 | 75. Pampel, Florian        | 1. MJU  | Vlotho                    | 1:17:08 | 11:07  | 43:03 | 22:58 |
| 272 | 76. Weckner, Lars          | 15. M40 | Tri Team TG Lage          | 1:17:11 | 10:05  | 43:52 | 23:14 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | Hausname, Vorname          | AK      | Verein                    | Zeit    | Schwim | Rad   | Lauf  |
|-----|----------------------------|---------|---------------------------|---------|--------|-------|-------|
| 212 | 77. Wiemann, Volker        | 20. M45 | Dienstagsradler           | 1:17:21 | 11:37  | 41:53 | 23:52 |
| 193 | 78. Windmüller, Thorsten   | 21. M45 | Odysseus Erben            | 1:17:30 | 12:10  | 41:00 | 24:21 |
| 175 | 79. Wessler, Michael       | 6. M55  | Porta Westfalica          | 1:17:31 | 10:16  | 42:07 | 25:08 |
| 324 | 80. Marquardt, Kai         | 16. M40 | SVKT 07                   | 1:18:08 | 10:49  | 43:19 | 24:02 |
| 220 | 81. Schwarze, Heinz-Dieter | 7. M55  | SC Aquarius Löhne         | 1:18:15 | 10:12  | 43:28 | 24:36 |
| 219 | 82. Wilke, Thorsten        | 22. M45 | Dienstagsradler           | 1:18:16 | 9:43   | 43:54 | 24:40 |
| 236 | 83. Feldmann, Jürgen       | 23. M45 | Tri Geckos Dortmund       | 1:18:59 | 10:53  | 43:33 | 24:34 |
| 194 | 84. Windmüller, Matthias   | 17. M40 | Odysseus Erben            | 1:19:23 | 11:26  | 44:11 | 23:47 |
| 279 | 85. Voss, Gerrit           | 10. M35 | Tri-EV Bünde              | 1:19:43 | 10:17  | 45:00 | 24:27 |
| 294 | 86. Stender, Philipp       | 8. M20  | Bielefeld                 | 1:20:02 | 12:30  | 44:09 | 23:24 |
| 183 | 87. Federhofer, Johann     | 8. M55  | Team Bayern Fedi          | 1:20:06 | 11:55  | 43:53 | 24:19 |
| 218 | 88. Ohlemüller, Robert     | 14. M50 | Marosi                    | 1:20:17 | 11:58  | 42:53 | 25:27 |
| 284 | 89. Pieper, Tobias         | 5. M30  | keiner                    | 1:20:18 | 9:03   | 41:14 | 30:02 |
| 253 | 90. Fetzko, Alexander      | 24. M45 | sc nammen                 | 1:20:26 | 9:55   | 44:35 | 25:56 |
| 243 | 91. Rentz, Thomas          | 25. M45 | Active Sportshop Herford  | 1:20:41 | 10:44  | 44:37 | 25:21 |
| 213 | 92. Niemann, Volker        | 26. M45 | Dienstagsradler           | 1:20:48 | 10:20  | 42:59 | 27:31 |
| 248 | 93. Thies, Dietmar         | 27. M45 | SVO-TRI Bad Oeynhaus      | 1:21:38 | 11:36  | 44:11 | 25:51 |
| 179 | 94. Wallenborn, Uwe        | 9. M55  | Praxis                    | 1:21:39 | 11:54  | 44:29 | 25:17 |
| 288 | 95. Kawiecki, Marek        | 6. M30  | K - Power                 | 1:21:42 | 10:49  | 45:47 | 25:07 |
| 174 | 96. Nachtmann, Norbert     | 1. M60  | Bad Salzuflen             | 1:21:43 | 11:51  | 47:38 | 22:15 |
| 188 | 97. Nasebandt, Hartmut     | 15. M50 | immer wieder aufstehen    | 1:21:46 | 12:18  | 44:32 | 24:57 |
| 170 | 98. Küster, Friedrich      | 2. M65  | TUS Weserstrand Wasserstr | 1:22:03 | 11:31  | 43:36 | 26:57 |
| 247 | 99. Möller, Dirk           | 28. M45 | Vlotho                    | 1:22:05 | 11:54  | 44:46 | 25:25 |
| 290 | 100. Schröter, Marius      | 9. M20  | Bielefeld                 | 1:22:13 | 11:02  | 47:20 | 23:51 |
| 283 | 101. Linnenbecker, Akko    | 7. M30  | EC Wehrendorf             | 1:22:14 | 12:28  | 44:52 | 24:54 |
| 242 | 102. Cordsmeier, Martin    | 29. M45 | 1. TriClub Paderborn      | 1:22:59 | 12:31  | 42:26 | 28:03 |
| 291 | 103. Cornelius, Zaubitzer  | 10. M20 | Keiner                    | 1:23:03 | 10:34  | 45:21 | 27:09 |
| 232 | 104. Inderlied, Peter      | 30. M45 | ASG Ahlen Handballschieds | 1:23:27 | 10:36  | 44:22 | 28:30 |
| 302 | 105. Böger, Nikolas        | 3. MJA  | Tri Team TG Lage          | 1:23:30 | 9:48   | 45:47 | 27:55 |
| 186 | 106. Steffen, Harald       | 16. M50 | BBG Herford               | 1:23:41 | 12:54  | 44:08 | 26:40 |
| 244 | 107. Heitland, Jörn        | 31. M45 | ohne                      | 1:23:54 | 13:15  | 46:25 | 24:15 |
| 235 | 108. Jahnke, Volker        | 32. M45 | SSF Obernkirchen          | 1:23:56 | 10:29  | 48:35 | 24:53 |
| 246 | 109. Wellenkrüger, Axel    | 33. M45 | Tri Team TG Lage          | 1:24:10 | 10:08  | 48:55 | 25:07 |
| 180 | 110. Flietel, Frank        | 10. M55 | Hurricane Holsen          | 1:24:13 | 12:22  | 46:55 | 24:57 |
| 216 | 111. Vogeler, Heiko        | 17. M50 | VFL Mennighüffen          | 1:24:29 | 11:31  | 45:20 | 27:38 |
| 229 | 112. Mattheß, Mario        | 34. M45 | BSG Herzzentrum Bad Oeynh | 1:25:04 | 10:30  | 47:29 | 27:06 |
| 210 | 113. Eikmeier, Olaf        | 18. M50 | Kenianische Lauffreunde V | 1:25:11 | 12:01  | 43:23 | 29:47 |
| 202 | 114. Engel, Yaron          | 19. M50 | Tricity 2001 e.V.         | 1:25:13 | 13:03  | 46:22 | 25:49 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR  | Hausname, Vorname           | AK      | Verein                   | Zeit    | Schwim | Rad     | Lauf  |
|------|-----------------------------|---------|--------------------------|---------|--------|---------|-------|
| 267  | 115. Pilgrim, Lars          | 18. M40 | DLRG Vlotho              | 1:25:28 | 10:18  | 45:44   | 29:26 |
| 169  | 116. Lichtblau, Reinhard    | 3. M65  | 1.Tri-Team Gütersloh GTV | 1:25:59 | 12:09  | 48:22   | 25:29 |
| 258  | 117. Fischer, Thomas        | 35. M45 | TuRa Löhne Laufftreff    | 1:25:59 | 12:19  | 47:36   | 26:06 |
| 206  | 118. Werner, Jürgen         | 20. M50 | LT Kannegiesser          | 1:26:07 | 10:41  | 47:54   | 27:32 |
| 195  | 119. Deutermann, Oliver     | 36. M45 | Odysseus Erben           | 1:27:17 | 11:27  | 47:46   | 28:05 |
| 224  | 120. Zippel, Matthis        | 2. MJU  | Life House Stemwede      | 1:27:58 | 13:56  | 46:25   | 27:38 |
| 249  | 121. Mehnert, Björn         | 8. M30  | Orlando Magic            | 1:28:02 | 12:54  | 51:20   | 23:48 |
| 223  | 122. Schulz, Lars           | 19. M40 | Life House Stemwede      | 1:28:51 | 10:25  | 49:02   | 29:24 |
| 234  | 123. Schleiting, Jürgen     | 9. M30  |                          | 1:29:40 | 21:03  | 47:22   | 21:16 |
| 239  | 124. Schmidt, Mathias       | 37. M45 | Bielefeld                | 1:29:43 | 14:51  | 47:22   | 27:30 |
| 275  | 125. Seggelmann, Stephan    | 11. M35 | Tri-EV Bünde             | 1:30:19 | 10:51  | 44:33   | 34:55 |
| 295  | 126. Handelmann, Jan        | 11. M20 | Max-Weber-Gedächtnisteam | 1:30:28 | 12:02  | 45:49   | 32:38 |
| 261  | 127. Lemke, Andreas         | 38. M45 | Tus Hartum               | 1:31:06 | 11:28  | 51:39   | 28:00 |
| 198  | 128. Hübener, Christoph     | 11. M55 | Trifun Güstrow           | 1:31:08 | 10:36  | 50:06   | 30:28 |
| 171  | 129. Vogel-Eickhoff, Jürgen | 4. M65  | Cosmos                   | 1:31:15 | 12:16  | 47:44   | 31:15 |
| 304  | 130. Kurz, Marvin           | 4. MJA  | Keiner                   | 1:33:09 | 16:27  | 49:07   | 27:36 |
| 182  | 131. Drawe, Joachim         | 12. M55 | ABI Bad Salzuflen        | 1:33:22 | 12:06  | 54:30   | 26:47 |
| 266  | 132. Wöhler, Axel           | 20. M40 | Tus Laubke               | 1:34:05 | 16:08  | 49:33   | 28:25 |
| 227  | 133. Adler, Michael         | 12. M20 | Life House Stemwede      | 1:34:26 | 14:18  | 54:07   | 26:02 |
| 296  | 134. Steffen, Christoph     | 13. M20 | BBG Herford              | 1:35:13 | 12:39  | 52:22   | 30:14 |
| 165  | 135. Müller, Rudi           | 1. M75  | TUS - EIDINGHAUSEN       | 1:38:49 | 11:46  | 51:06   | 35:57 |
| 240  | 136. Brünger, Dr. Gero      | 39. M45 | TV Werther               | 1:40:49 | 15:20  | 58:43   | 26:47 |
| 167  | 137. Jedamski, Bernd        | 1. M70  | Bielefeld                | 1:45:44 | 15:31  | 55:07   | 35:07 |
| 241  | 138. Kurz, Thorsten         | 40. M45 | Keiner                   | 1:49:14 | 17:13  | 56:30   | 35:32 |
| 221  | 139. Fink, Max              | 3. MJU  | Life House Stemwede      | 1:50:13 | 14:26  | 1:03:58 | 31:50 |
| 222  | 140. Ostertach, Eugen       | 14. M20 | Life House Stemwede      | 1:55:36 | 13:26  | 1:09:49 | 32:23 |
| 226  | 141. Dück, David            | 10. M30 | Life House Stemwede      | 2:00:25 | 22:06  | 1:03:00 | 35:20 |
| 164. | Röger, Johannes             | MJA     | Tri Team Geisenfeld      | aufg.   | 8:51   |         |       |
| 262. | Backs, Michael              | M30     |                          | aufg.   | 17:42  |         |       |
| 282. | Kreimeier, Jan              | M35     | SGE Exter                | aufg.   | 12:58  |         |       |
| 286. | Weyand, Florian             | M30     | TuRa Löhne               | aufg.   | 11:04  | 56:05   |       |
| 322. | Lebeau, Lukas               | M20     | SC Aquarius Löhne        | aufg.   | 8:51   | 46:03   |       |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon Frauen 400m - 20 km - 5 km

| SNR | Hausname, Vorname           | AK      | Verein                    | Zeit    | Schwim | Rad   | Lauf  |
|-----|-----------------------------|---------|---------------------------|---------|--------|-------|-------|
| 158 | 1. Walkenhorst, Mareike     | 1. W20  | TSVE 1890 Bielefeld       | 1:09:30 | 7:37   | 40:21 | 21:32 |
| 145 | 2. Tripke, Julia            | 2. W20  | La.Fa.Ce. Weiden          | 1:10:00 | 7:43   | 40:31 | 21:47 |
| 115 | 3. Strothmann, Antje        | 1. W45  | LC Solbad Ravensberg      | 1:11:08 | 9:48   | 39:31 | 21:50 |
| 121 | 4. Kleinschmidt, Gabi       | 2. W45  | SGE Exter                 | 1:11:47 | 9:47   | 40:02 | 21:59 |
| 141 | 5. Brammert, Jasmin         | 1. W30  | RC Endspurt Herford       | 1:11:53 | 9:41   | 40:43 | 21:30 |
| 152 | 6. Schöning, Lara           | 1. WJU  | DJK Gütersloh             | 1:12:46 | 8:39   | 42:59 | 21:09 |
| 105 | 7. Demirtas, Karin          | 3. W45  | 1. Tri-Team Gütersloh GTV | 1:13:07 | 10:00  | 40:03 | 23:04 |
| 118 | 8. Wegener, Christina       | 1. W40  | SC Aquarius Löhne         | 1:13:49 | 9:36   | 41:13 | 23:01 |
| 130 | 9. Blasey, Silke            | 4. W45  | VoBlaMe                   | 1:15:46 | 9:07   | 44:07 | 22:33 |
| 131 | 10. Schön, Sylvia           | 2. W40  | Löhne                     | 1:16:10 | 9:17   | 41:58 | 24:56 |
| 140 | 11. Pauls, Carolina         | 2. W30  | TV Lemgo                  | 1:16:46 | 8:38   | 44:45 | 23:25 |
| 138 | 12. Hagen, Kerstin          | 1. W35  | Geseke                    | 1:18:29 | 8:44   | 45:31 | 24:14 |
| 109 | 13. Reimering, Claudia      | 5. W45  | DJK Gütersloh             | 1:18:37 | 10:29  | 44:34 | 23:34 |
| 146 | 14. Kempe, Inga             | 3. W20  | SC Aquarius Löhne         | 1:18:43 | 8:40   | 43:53 | 26:10 |
| 156 | 15. Brock, Swantje          | 2. W35  | SC Aquarius Löhne         | 1:20:19 | 9:56   | 45:19 | 25:04 |
| 124 | 16. Körner-Downes, Monika   | 1. W55  | Tri Team TG Lage          | 1:21:03 | 10:45  | 44:45 | 25:34 |
| 116 | 17. Berg, Claudia           | 6. W45  | LT Elsen-Wewer            | 1:21:19 | 9:52   | 47:01 | 24:28 |
| 117 | 18. Krause, Silke           | 1. W50  | Marathon-Club Menden      | 1:21:26 | 9:49   | 47:02 | 24:36 |
| 120 | 19. Rimpler, Cornelia       | 7. W45  | SGE Exter                 | 1:21:48 | 9:27   | 45:36 | 26:46 |
| 149 | 20. Brendel, Christina      | 4. W20  | ACTIVE Sportshop Osnabrüc | 1:21:56 | 9:55   | 44:20 | 27:42 |
| 133 | 21. Grohmann, Christina     | 3. W35  | Active Sportshop Herford  | 1:21:59 | 11:40  | 45:54 | 24:27 |
| 125 | 22. Menke, Tanja            | 8. W45  | TriFinish Münster         | 1:22:07 | 10:39  | 44:09 | 27:20 |
| 136 | 23. Wachs, Ellen            | 4. W35  | Tri-4-Fun SVKT            | 1:22:23 | 8:53   | 45:12 | 28:19 |
| 155 | 24. Dreiling, Antonia       | 1. WJA  | TVC Enger                 | 1:23:54 | 10:13  | 46:26 | 27:16 |
| 153 | 25. Inderlied, Lea          | 2. WJA  | RW Ahlen Fussball         | 1:24:30 | 8:41   | 48:36 | 27:13 |
| 107 | 26. Kerksiek, Nicole        | 9. W45  | Bielefeld                 | 1:24:44 | 10:10  | 48:31 | 26:04 |
| 148 | 27. Herrmann, Larissa       | 5. W20  | keinen                    | 1:26:12 | 9:13   | 49:43 | 27:18 |
| 134 | 28. Vorndamme, Britta       | 5. W35  | Surf Club Steinhuder Meer | 1:26:12 | 11:31  | 49:36 | 25:06 |
| 129 | 29. Storck-Schrader, Carmen | 3. W40  | Vlotho                    | 1:26:47 | 11:35  | 47:18 | 27:56 |
| 154 | 30. Kirchner, Ella Sophie   | 3. WJA  | Einigkeit Exter e.V.      | 1:27:09 | 9:45   | 47:10 | 30:15 |
| 159 | 31. Mönnig, Anke            | 6. W35  | Tri Gretsch               | 1:27:24 | 13:20  | 48:22 | 25:42 |
| 151 | 32. Hannemann, Maya         | 6. W20  | BBG Herford               | 1:27:36 | 10:34  | 48:31 | 28:32 |
| 128 | 33. Dreiling, Sonja         | 4. W40  | TVC Enger                 | 1:27:39 | 10:45  | 48:49 | 28:06 |
| 135 | 34. Häußer, Bianca          | 7. W35  | Active Sportshop / Weight | 1:28:04 | 10:48  | 53:40 | 23:37 |
| 119 | 35. Kiso, Renate            | 2. W50  | SGE Exter                 | 1:28:59 | 11:40  | 48:09 | 29:10 |
| 110 | 36. Schürmann-Latus, J.     | 5. W40  | ETV                       | 1:29:01 | 10:31  | 51:19 | 27:12 |
| 102 | 37. Sprögel, Maren          | 10. W45 | Psychoflitzer             | 1:29:07 | 13:19  | 49:34 | 26:16 |
| 127 | 38. Söffker, Christina      | 11. W45 | TuS Westfalia Uffeln      | 1:29:09 | 10:02  | 50:31 | 28:37 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon Frauen 400m - 20 km - 5 km

| SNR | Hausname, Vorname        | AK      | Verein                   | Zeit    | Schwim | Rad     | Lauf  |
|-----|--------------------------|---------|--------------------------|---------|--------|---------|-------|
| 147 | 39. Brune, Miriam        | 7. W20  | Tri Team TG Lage         | 1:29:15 | 9:10   | 51:32   | 28:34 |
| 142 | 40. Tänzer, Antje        | 3. W30  | SV 06 Oetinghausen       | 1:29:40 | 9:31   | 50:35   | 29:36 |
| 132 | 41. Rentz, Heike         | 8. W35  | Active Sportshop Herford | 1:29:43 | 12:31  | 48:59   | 28:15 |
| 114 | 42. Kirchner, Verena     | 12. W45 | Lauftreff Vlotho         | 1:30:39 | 10:35  | 49:10   | 30:55 |
| 137 | 43. Wehage, Sibylla      | 9. W35  | Porta Westfalica         | 1:31:12 | 12:58  | 51:48   | 26:27 |
| 122 | 44. Simon, Claudia       | 6. W40  | SGE Exter                | 1:31:18 | 12:01  | 47:51   | 31:27 |
| 143 | 45. Kabbeck, Petra       | 2. W55  | keiner                   | 1:32:37 | 12:40  | 48:43   | 31:16 |
| 111 | 46. Simon, Frauke        | 13. W45 | Göttingen                | 1:32:53 | 12:13  | 51:24   | 29:17 |
| 101 | 47. Hübener, Anna Maria  | 4. W30  | Tri Fun Güstrow          | 1:42:32 | 11:36  | 58:03   | 32:54 |
| 106 | 48. von szalghary, maria | 7. W40  | bad salzuflen            | 1:42:59 | 16:32  | 54:41   | 31:46 |
| 112 | 49. Schwarz, Katrin      | 3. W50  | Immer wieder aufstehen   | 1:48:23 | 14:44  | 1:01:00 | 32:40 |
| 103 | 50. Hübener, Dr. Karin   | 3. W55  | ohne                     | 1:54:42 | 15:52  | 1:03:56 | 34:55 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Schüler A+B 100m - 6 km - 1000 m

| SNR |     | Hausname, Vorname       | AK  | Verein | Zeit                      | Schwim | Rad  | Lauf  |      |
|-----|-----|-------------------------|-----|--------|---------------------------|--------|------|-------|------|
| 77  | 1.  | Thieß, Aaron            | 1.  | MSA    | LC Solbad Ravensberg      | 21:12  | 2:33 | 13:05 | 5:35 |
| 76  | 2.  | Zarges, Tim             | 2.  | MSA    | Tri Team TG Lage          | 22:21  | 2:41 | 14:47 | 4:54 |
| 63  | 3.  | Farwer, Katharina       | 1.  | WSA    | TG Werste                 | 23:34  | 2:45 | 15:31 | 5:19 |
| 59  | 4.  | Hanusek, Thoren         | 3.  | MSA    | Tri Team TG Lage          | 24:04  | 3:12 | 15:08 | 5:46 |
| 74  | 5.  | Lingke, Matthis         | 4.  | MSA    | kein                      | 24:40  | 3:36 | 15:05 | 6:01 |
| 56  | 6.  | Lükermann, Nick         | 1.  | MSB    | Tri Team TG Lage          | 24:58  | 3:24 | 16:24 | 5:11 |
| 50  | 7.  | Klocke, Finn            | 2.  | MSB    | SG Exter                  | 25:19  | 3:44 | 16:04 | 5:32 |
| 75  | 8.  | Krause, Marvin          | 5.  | MSA    | Tri Team TG Lage          | 25:36  | 3:03 | 17:02 | 5:33 |
| 73  | 9.  | Gehrmann, Jannik-Steven | 6.  | MSA    | ohne                      | 25:37  | 2:56 | 17:08 | 5:34 |
| 64  | 10. | Rost, Karoline          | 2.  | WSA    | Tri Team TG Lage          | 25:39  | 3:05 | 16:57 | 5:37 |
| 51  | 11. | Rimpler, Tobias         | 7.  | MSA    | SGE Exter                 | 25:49  | 3:38 | 16:59 | 5:13 |
| 62  | 12. | Schrader, Anneke        | 3.  | WSA    | SGE Exter                 | 26:07  | 3:43 | 16:43 | 5:42 |
| 47  | 13. | Albert, Henning         | 3.  | MSB    | EG Lippstadt              | 26:49  | 3:03 | 18:35 | 5:11 |
| 60  | 14. | Greiner, Henri          | 4.  | MSB    | SC Aquarius Löhne         | 27:10  | 3:30 | 17:08 | 6:34 |
| 70  | 15. | Böger, Simon            | 8.  | MSA    | Tri Team TG Lage          | 27:46  | 3:51 | 17:48 | 6:09 |
| 34  | 16. | Griese, Laura           | 1.  | WSB    | TV Lemgo                  | 27:57  | 2:44 | 18:53 | 6:21 |
| 42  | 17. | Burbidge, Joanna        | 2.  | WSB    | SV Nienhagen              | 27:58  | 3:18 | 18:59 | 5:41 |
| 58  | 18. | Stiller, Tim            | 5.  | MSB    | Tri Team TG Lage          | 28:27  | 3:36 | 17:39 | 7:12 |
| 41  | 19. | Dreiling, Josefina      | 3.  | WSB    | TVC Enger                 | 28:34  | 4:12 | 18:47 | 5:36 |
| 55  | 20. | Brinkmeyer, Jonas       | 6.  | MSB    | Tri Team TG Lage          | 28:48  | 3:26 | 18:17 | 7:07 |
| 57  | 21. | Panhorst, Markus        | 7.  | MSB    | Tri Team TG Lage          | 29:23  | 3:10 | 19:37 | 6:37 |
| 39  | 22. | Kleinschmidt, Lina      | 4.  | WSB    | SGE Exter                 | 29:34  | 3:36 | 19:30 | 6:30 |
| 54  | 23. | Simon, Tilman           | 8.  | MSB    | Göttingen                 | 30:05  | 5:16 | 17:41 | 7:09 |
| 32  | 24. | Becker, Philine         | 5.  | WSB    | Triathlon Team Ratingen 0 | 30:19  | 2:53 | 19:53 | 7:34 |
| 38  | 25. | Griese, Lea             | 6.  | WSB    | TV Lemgo                  | 30:44  | 3:34 | 20:52 | 6:19 |
| 49  | 26. | Streeck, Timo Alexander | 9.  | MSB    | SGE Exter                 | 30:49  | 4:36 | 20:50 | 5:24 |
| 61  | 27. | Stiller, Anica          | 4.  | WSA    | Tri Team TG Lage          | 31:05  | 3:02 | 22:00 | 6:04 |
| 46  | 28. | Albert, Jasper          | 10. | MSB    | Ohne                      | 31:21  | 3:42 | 22:09 | 5:31 |
| 35  | 29. | Strothmann, Sarah       | 7.  | WSB    | LC Solbad Ravensberg      | 31:22  | 5:54 | 19:56 | 5:33 |
| 72  | 30. | Latus, Tim-B            | 9.  | MSA    | ETV                       | 31:31  | 3:38 | 20:32 | 7:22 |
| 85  | 31. | Reinke, Simon           | 11. | MSB    | SC Herford Schwimmen      | 32:34  | 3:19 | 22:52 | 6:24 |
| 43  | 32. | Tänzer, Lea Josefin     | 5.  | WSA    | SV 06 Oetinghausen        | 33:13  | 4:01 | 22:06 | 7:07 |
| 48  | 33. | Stuut, Michiel          | 12. | MSB    | SGE                       | 33:26  | 6:41 | 21:23 | 5:23 |
| 40  | 34. | Schliemann, Jule        | 8.  | WSB    | Tri Team TG Lage          | 34:58  | 3:43 | 22:18 | 8:58 |
| 33  | 35. | Burbidge, Sophie        | 9.  | WSB    | SV Nienhagen              | 37:00  | 6:10 | 22:50 | 8:00 |
| 71  | 36. | Brünger, Piet-Friedrich | 10. | MSA    | Tus Eintracht Bielefeld   | 37:09  | 3:58 | 26:31 | 6:41 |
| 36  | 37. | Cammann, Lotta          | 10. | WSB    | Rv plockhorst             | 37:38  | 5:52 | 23:11 | 8:35 |
| 45  | 38. | Dreiling, Hannes        | 13. | MSB    | TVC Enger                 | 42:51  | 6:31 | 30:06 | 6:15 |



26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Staffel Schüler 100m - 6 km - 1000 m

| SNR | Hausname, Vorname  | AK  | Verein                         | Zeit  | Schwim | Rad   | Lauf |
|-----|--|-----|--------------------------------|-------|--------|-------|------|
| 1   | 1. Stuat, Isabelle<br>Steinmann, Yannick - Treu, Laura               | 1.  | STAF Let's do it!              | 24:47 | 2:46   | 16:26 | 5:36 |
| 2   | 2. Albsmeier, Marleen<br>Peters, Kevin - Reinke, Nele Sophie         | 2.  | STAF Die drei Wasserratten     | 25:37 | 2:03   | 18:38 | 4:57 |
| 26  | 3. Stiegelmeier, Paul<br>Steuer, Max - Steuer, Philipp               | 3.  | STAF die Drei                  | 26:07 | 2:17   | 18:58 | 4:53 |
| 6   | 4. Klocke, Nele<br>Simon, Lasse - Klement, Sverre                    | 4.  | STAF NeLaSve                   | 26:13 | 3:09   | 18:04 | 5:01 |
| 3   | 5. Söffker, Nele<br>Söffker, Antonia - Schulz, Tjorven               | 5.  | STAF Team Levennia             | 27:48 | 2:50   | 19:40 | 5:18 |
| 7   | 6. Schröder, Marius<br>Göll, Alexander - Schröder, Louis             | 6.  | STAF Die Wolkenraser           | 28:17 | 3:17   | 20:00 | 5:01 |
| 15  | 7. Hammoud, Jana<br>Jürdens, Ben - Jürdens, Nick                     | 7.  | STAF Drei auf dem Weg zum Ziel | 28:50 | 3:04   | 19:56 | 5:51 |
| 8   | 8. Stejskol, Finja<br>Tiekötter, Sina - van Mark, Carlotta           | 8.  | STAF Die FiZis                 | 29:33 | 3:17   | 20:35 | 5:42 |
| 27  | 9. Schäfer, Ann Kathrin<br>Wiklen, Rena - Husemann, Lilly            | 9.  | STAF ?                         | 29:37 | 3:15   | 20:35 | 5:48 |
| 21  | 10. Linke, Paul-Ludwig<br>Tiekötter, Max - Mc Inulty, Marlon         | 10. | STAF Sportsfreunde Exter       | 29:41 | 3:38   | 21:03 | 5:01 |
| 22  | 11. Schmidt, Julia Melina<br>Schmoranzer, Jan - Schröder, Leon Alpay | 11. | STAF Trio JuLeJa               | 29:49 | 2:47   | 21:58 | 5:05 |
| 13  | 12. Bieniok, Leonie<br>Haas, Hans - Lücking, Tim                     | 12. | STAF Zu Lande, zu Wasser und   | 29:54 | 3:28   | 21:20 | 5:07 |
| 9   | 13. Pabst, Maximilian<br>Westhoff, Lukas Bent - Abdullin, Dennis     | 13. | STAF The little Iron Men (GS V | 30:26 | 2:53   | 21:52 | 5:43 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Staffel Schüler 100m - 6 km - 1000 m

| SNR |     | Hausname, Vorname   | AK  | Verein                            | Zeit  | Schwim | Rad   | Lauf |
|-----|-----|---|-----|-----------------------------------|-------|--------|-------|------|
| 25  | 14. | Steuer, Paul<br>Niedernolte, Marcel - Siepmann, Ada           | 14. | STAF<br>Speed                     | 30:27 | 3:14   | 22:15 | 4:59 |
| 19  | 15. | Abbrock, Jannis<br>Jedrzy, Pascal - Buschmann, Jonas          | 15. | STAF<br>Die bunte Seite der Macht | 30:31 | 3:53   | 21:30 | 5:08 |
| 11  | 16. | Ates, Tuna<br>Mönkemeyer, Fynn - Lücking, Tim                 | 16. | STAF<br>Down & Hill (GS Vlotho)   | 30:35 | 3:32   | 21:53 | 5:11 |
| 17  | 17. | Simon, Finja<br>Sasse, Finn - Sasse, Nina                     | 17. | STAF<br>FiFiNi                    | 30:42 | 3:21   | 21:05 | 6:16 |
| 10  | 18. | Redcher, Jaclyn<br>Bögeholz, Stjana - Balducci, Lilli         | 18. | STAF<br>Die flotten Bienen (GS V1 | 31:03 | 3:30   | 21:23 | 6:10 |
| 24  | 19. | Steuer, Pia<br>Ziomek, Jona - Niedernolte, Laura Marie        | 19. | STAF<br>Die Superschnecken        | 33:31 | 3:27   | 24:15 | 5:50 |
| 12  | 20. | Lindenkamp, Chaya<br>Windmüller, Lina - Gündogdu, Aleyna      | 20. | STAF<br>Haifisch, Floh und Kängur | 33:42 | 3:34   | 24:07 | 6:02 |
| 20  | 21. | Rentz, Tara<br>Gödeker, Emilia - Schrader, Aaltje             | 21. | STAF<br>T-E-A-M                   | 36:14 | 4:06   | 26:26 | 5:43 |
| 5   | 22. | Achtsnick, Ben<br>Krömker, Emre - van Mark, Maximilian        | 22. | STAF<br>Exter Dragons             | 38:26 | 3:50   | 29:23 | 5:14 |
| 18  | 23. | Jabs, Kilian<br>Rentz, Vincent - Abbrock, Lukas               | 23. | STAF<br>blonde bEngel             | 38:32 | 4:33   | 28:35 | 5:25 |
| 14  | 24. | Hammoud, Lisa<br>Schermeier, Karina - Kroll, Mia              | 24. | STAF<br>Bikini, Helm und Schuh (G | 39:10 | 3:22   | 28:26 | 7:23 |
| 16  | 25. | Ates, Tuna<br>Haas, Maximilian - Wömpner, Fynn                | 25. | STAF<br>Die drei Musketiere (GS V | 40:09 | 3:47   | 29:44 | 6:39 |
| 23  | 26. | Johanning, Maja Jolie<br>Bourgeois, Ole - Schmoranzer, Teresa | 26. | STAF<br>Team TOM                  | 47:03 | 5:52   | 31:50 | 9:22 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon - Staffel 400 m - 20 km - 5 km

| SNR | Hausname, Vorname  | AK  | Verein                       | Zeit    | Schwim | Rad   | Lauf  |
|-----|--|-----|------------------------------|---------|--------|-------|-------|
| 513 | 1. Terholsen, Henrik<br>Gruner, Yannick - Butschkat, Guido       | 1.  | STAF RC Endspurt Herford     | 50:55   | 5:41   | 28:35 | 16:40 |
| 533 | 2. Hebenstreit, Ilka<br>Rothenburg, Rolf - Hebenstreit, Ilka     | 2.  | STAF Familie Multi-Kulti     | 1:01:49 | 7:01   | 34:36 | 20:13 |
| 543 | 3. Kaltschmidt, Jan<br>Pescher, Georg - Kröger, Niko             | 3.  | STAF Alpla 2                 | 1:04:21 | 5:26   | 38:57 | 19:59 |
| 539 | 4. Becker, Heidi<br>Barth, Christoph - Schnelle, Dirk            | 4.  | STAF Gerresheimer Bünde      | 1:07:28 | 7:33   | 41:17 | 18:39 |
| 535 | 5. Clauß, Yvonne<br>Floer, Ulla - Ehle, Esther                   | 5.  | STAF TSVE Bi Ullala          | 1:08:11 | 7:11   | 37:23 | 23:38 |
| 508 | 6. Lehmann, Stefan<br>Möller, Sven - Sprick, Marcel              | 6.  | STAF Team Stadtwerke Rinteln | 1:09:08 | 6:23   | 41:24 | 21:22 |
| 545 | 7. Stahl, Benjamin<br>Steinmann, Detlef - Null                   | 7.  | STAF Team Steinegge          | 1:09:43 | 6:14   | 39:42 | 23:48 |
| 506 | 8. Bobe, Tanja<br>Wulff, Michael - Kehlbeck, Stefan              | 8.  | STAF Team Plasma             | 1:11:08 | 8:32   | 40:50 | 21:46 |
| 540 | 9. Buschkiel, Dorothea<br>Luther, Marc-Oliver - Kipp, Aljoscha   | 9.  | STAF Gerresheimer Bünde II   | 1:11:12 | 9:13   | 41:14 | 20:46 |
| 515 | 10. Quest, Tobias<br>Runschke, Markus - Austmann, Rainer         | 10. | STAF Die Unverbesserlichen   | 1:12:23 | 7:17   | 43:41 | 21:25 |
| 544 | 11. Gotthart, Stefan<br>Vollbracht, Thomas - Kannegießer, Stefan | 11. | STAF Mit Gottis Segen        | 1:12:27 | 8:07   | 40:58 | 23:23 |
| 542 | 12. Schröder, Juliane<br>Schröder, Mattias - Fehlberg, Lars      | 12. | STAF Alpla 1                 | 1:13:11 | 7:22   | 42:40 | 23:10 |
| 534 | 13. Zimmer, Torsten<br>Babuder, Hans - Otte, Maximilian          | 13. | STAF Die drei Salzufler      | 1:14:41 | 9:27   | 42:02 | 23:13 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon - Staffel 400 m - 20 km - 5 km

| SNR |     | Hausname, Vorname  | AK  | Verein                        | Zeit    | Schwim | Rad   | Lauf  |
|-----|-----|--|-----|-------------------------------|---------|--------|-------|-------|
| 536 | 14. | Kütemeier, Maximilian<br>Wiens, Sascha - Obermowe, Jan         | 14. | STAF die Bismarcker           | 1:15:18 | 6:55   | 47:13 | 21:11 |
| 509 | 15. | Peligra, Alessandro<br>Lässig, Daniel - Beckmann, Marco        | 15. | STAF Die Seitenstecher        | 1:17:22 | 9:41   | 46:24 | 21:18 |
| 512 | 16. | Buchmann, Ulrike<br>Buchmann, Hartmut - Duisdieker, Steffi     | 16. | STAF FirstTry                 | 1:17:31 | 9:31   | 40:51 | 27:10 |
| 505 | 17. | Wickenkamp, Bernd<br>Lenger, Karsten - Held, Jens              | 17. | STAF JBK-Motion               | 1:18:03 | 9:47   | 45:06 | 23:10 |
| 541 | 18. | Klusmann, Niklas<br>Ackermann, Dirk - Kleinschmidt, Hannah     | 18. | STAF Pink Fluffy Unicorns     | 1:18:13 | 5:44   | 43:27 | 29:03 |
| 511 | 19. | Simon, Maike<br>Simon, Jannik - Schick, Katharina              | 19. | STAF Fast SuSchi              | 1:19:24 | 10:36  | 40:44 | 28:05 |
| 503 | 20. | Krampe, Mattis<br>Kuhn, Boris - Bost, Anja                     | 20. | STAF Speedteachers            | 1:20:29 | 8:30   | 44:40 | 27:20 |
| 514 | 21. | Brakhage, Matthias<br>Plettmeier, Arnd - Ostermann, Steffen    | 21. | STAF Kalletal RoadRunners '09 | 1:20:52 | 14:50  | 44:44 | 21:19 |
| 502 | 22. | Werner, Ann-Christin<br>Limpke, Carolin - Osterloh, Janina     | 22. | STAF SC Vlotho 2              | 1:21:15 | 9:18   | 49:11 | 22:48 |
| 518 | 23. | Hoffmann, Eberhard<br>Schreiber, Joachim - Schröter, Christian | 23. | STAF Golden Boys              | 1:21:28 | 9:48   | 47:26 | 24:15 |
| 537 | 24. | Cziminski, Hans<br>Franke, Jörn - Regtmeier, Philipp           | 24. | STAF F&B Eistiger 1           | 1:22:20 | 13:28  | 43:44 | 25:08 |
| 532 | 25. | Voigt, Carsten<br>Sander, Jochen - Czypolowski, Dietmar        | 25. | STAF Hüttenalarm              | 1:22:28 | 8:35   | 48:46 | 25:08 |
| 517 | 26. | Ellerbrok, Pia<br>Busch, Katharina - Dittmar, Lea              | 26. | STAF SC Vlotho 1              | 1:22:38 | 11:28  | 43:23 | 27:48 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Volkstriathlon - Staffel 400 m - 20 km - 5 km

| SNR | Hausname, Vorname  | AK  | Verein                         | Zeit    | Schwim | Rad   | Lauf  |
|-----|--|-----|--------------------------------|---------|--------|-------|-------|
| 521 | 27. Rothenstein, Stefanie<br>Marwitz, Anja - Marwitz, Anja     | 27. | STAF Die Couchpotatoes         | 1:28:00 | 11:09  | 48:05 | 28:47 |
| 504 | 28. Mitzschke, Bettina<br>Sieber, Aileen - Sedorn, Johanna     | 28. | STAF Ullpennerholzhandel-Tri   | 1:33:33 | 8:58   | 53:27 | 31:08 |
| 507 | 29. Helming, Fabian<br>Lenger, Luca - Wiekenkamp, Nina         | 29. | STAF New Kids Ultra            | 1:34:09 | 11:10  | 47:02 | 35:57 |
| 501 | 30. Schwarze, Julia<br>Henkenjohann, Alicia - Ziegler, Henrike | 30. | STAF Julia und die Nichtschwim | 1:39:22 | 11:17  | 59:26 | 28:40 |

26. Exter Triathlon - 23. August 2014 - Ergebnisliste - Jugend B 100 m - 6 km - 1000 m

| SNR | Hausname, Vorname     | AK  | Verein                     | Zeit    | Schwim | Rad   | Lauf  |
|-----|-----------------------|-----|----------------------------|---------|--------|-------|-------|
| 82  | 1. Kleinschmidt, Karl | 1.  | MJB SGE Exter              | 19:12   | 2:44   | 12:07 | 4:22  |
| 83  | 2. Hanusek, Erik      | 2.  | MJB Tri Team TG Lage       | 20:07   | 2:16   | 13:36 | 4:16  |
| 81  | 3. Makschakow, Daniel | 3.  | MJB MTV 1860 Minden        | 20:52   | 2:22   | 13:17 | 5:14  |
| 86  | 4. Föhse, Patrick     | 4.  | MJB TV 01 Bohmte-Triathlon | 22:05   | 2:34   | 14:19 | 5:13  |
| 80  | 5. Chytrek, Tom       | 5.  | MJB MTV 1860 Minden        | 22:10   | 2:46   | 14:38 | 4:46  |
| 79  | 6. Biastoch, Merlin   | 6.  | MJB DLRG Rinteln           | 22:26   | 2:39   | 14:50 | 4:58  |
| 78  | 7. Weckner, Felix     | 7.  | MJB Tri Team TG Lage       | 22:38   | 2:49   | 14:36 | 5:14  |
| 68  | 8. Klocke, Agisa      | 1.  | WJB SG Exter               | 24:17   | 2:58   | 15:50 | 5:31  |
| 67  | 9. Wieneke, Joelina   | 2.  | WJB Tri Team TG Lage       | 26:43   | 2:59   | 17:08 | 6:38  |
| 84  | 10. Latus, Jan-F      | 8.  | MJB ETV                    | 26:44   | 3:06   | 18:00 | 5:39  |
| 87  | 11. Gutjahr, Leon     | 9.  | MJB Bad Salzuflen          | 40:11   | 6:00   | 25:57 | 8:15  |
| 88  | 12. Abramow, Elias    | 10. | MJB Vlotho                 | 40:11   | 5:44   | 26:13 | 8:15  |
| 89  | 13. Gutjahr, Michel   | 11. | MJB                        | 1:14:46 | 7:08   | 33:25 | 34:15 |
| 66. | Schliemann, Lena      | WJB | Tri Team TG Lage           | aufg.   | 2:47   | 17:13 |       |